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10<sup>th</sup> March 2022

Dear Parent/Carer

**Year 6 – Growing Up Talk – Tuesday 22<sup>nd</sup> March 2022**

The School Nurse will be coming into school to deliver a puberty talk presentation, following RSHE guidelines, to all the children in Year 6; this will take place on Tuesday 22<sup>nd</sup> March. The content covered will ensure full coverage of this curriculum area.

There will also be an interactive session for both girls and boys allowing for the children to have a look at period pads and tampons followed by a quiz.

The links to the videos for the Year 6 Growing Up talk can be accessed below, so parents and carers are able to view it prior to the session:

- [HSE Busy Bodies – Puberty – YouTube](#) Intro to bodies
- [Body changes for boys and people with a penis – YouTube](#) Boy's video
- [Body changes for girls and people with a vagina – YouTube](#) Girl's Video
- [https://youtu.be/vXrQ\\_FhZmos](https://youtu.be/vXrQ_FhZmos) Menstruation
- [https://youtu.be/uotzoDDRW\\_s](https://youtu.be/uotzoDDRW_s) Wet Dream
- [https://youtu.be/8ktKO\\_aVmPw](https://youtu.be/8ktKO_aVmPw) Busy Bodies How babies are made
- <https://youtu.be/OejdOS4lqeE> Pregnancy and Reproduction
- <https://youtu.be/PzGauky20tc> Gender explained

Any questions please do contact your class teacher.

Thank you for your continued support.

Yours sincerely

Hannah Stephenson  
Head Teacher

On behalf of the Year 6 Team