

As we quickly approach the summer holidays, here are a few tips and guides to help you have a successful summer break!

Children will probably be using their devices more over the next 6 weeks. Click on the following links to help keep your child(ren) safe online.

[Balancing Screen Time.](#)

[Get your personalised online safety toolkit in a few easy steps](#)

[Setting up devices safely](#)

[Cyberbullying](#)

[The use of TikTok](#) (which has a minimum age limit of 13)

[Roblox](#)



It may feel like a long six weeks ahead so here are some top tips to help you all out!

The summer holidays can be a stressful and financially draining time of year, however, there is no reason why these weeks cannot be jam-packed with fun and happy times with your little ones. Here are some useful tips so you can keep your cool this summer and avoid stress.

[Parent's survival guide](#)

Some top holiday tips for parents, including activity inspiration to keep everyone sane.

[Holiday tips](#)

The summer holidays can be a great chance to spend time with friends and have some time off. But sometimes it can feel a bit lonely. Or you might miss the routine you have when you are in school.

[Advice for young people](#)

Activities and events for children and families running across the School Summer Holidays 2022 in Hull, the East Riding of Yorkshire and surrounding areas.

[Hull and East Riding Mumber](#)

Children will probably be out playing with friends more and visiting unfamiliar places. Here are some pieces of advice to help out.

[Sun safety](#)



[Road safety](#)



[Water safety](#) – ages 3-7



[Water safety](#) – ages 7-11



[Water safety from Humberside Fire brigade](#)

As the holidays draw to a close, you and your child(ren) will start to think about coming back to school. Here are some sites to help if your child has any anxieties or worries.

[Preparing to go back to school](#)

‘The idea of going back to school is often met with a combination of excitement and dread. On the one hand, you get to see all your friends again, catch up on all the latest gossip and share your holiday stories. On the other hand, though, it means getting back into studying, doing homework and getting out of bed early. If you are anything like us, then you tend to put off doing things that you are not particularly looking forward to, but what we have realised is that being prepared ahead of time, actually makes you feel better about the situation’

Whether your child is moving schools, to a new country, going into Secondary school or starting Primary, this transition will need to be carefully planned and sensitively managed.

[7 tips to help your child return to school](#)

There are various reasons why some students are more likely to struggle with going back to school than others and so, if you believe your child will find transitioning difficult, be sure to inform the school beforehand so that you and your child can be supported.