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15<sup>th</sup> July 2022

Dear Parent/Carer

**Predicted Heatwave and Events Planned for Monday 18<sup>th</sup> and Tuesday 19<sup>th</sup> July 2022**

As you will be aware, in recent days much of the country has been experiencing increasingly high temperatures. The Met Office has issued an amber weather warning for most of England and parts of Wales, with exceptionally high temperatures expected from Sunday and the weather conditions looking to last into early next week.

Owing to this extreme heat warning, for the health, safety and wellbeing of the children, we are rescheduling the Year 1/2 Sports Day and the Year 6 Summer Games Event to later in the week, when it will be cooler.

Monday 18 <sup>th</sup> July – Years 1 & 2 Sports Day at 1.30 pm	<b>NOW WEDNESDAY 20<sup>TH</sup> JULY AT 9.15 AM</b>
Tuesday 19 <sup>th</sup> July – Year 6 Summer Games Event	<b>NOW THURSDAY 21<sup>ST</sup> JULY (AM)</b>
Tuesday 19 <sup>th</sup> July – Year 2 'The Faraway Tree' Class Picnic	<b>WILL BE INSIDE</b>
Tuesday 19 <sup>th</sup> July – Year 5 Reading Afternoon	<b>WILL BE INSIDE</b>

The children will have a shorter time outside at break and lunchtime on Monday and Tuesday and, depending on the heat, will be encouraged not to run around too much. Activities will be planned for the children to do inside, where it will be cooler. They will be encouraged to drink water regularly to prevent dehydration, so please do remember to send your child with a water bottle. We advise you apply a high SPF sun cream to your child before they come to school and to send them in with a sun hat (preferably with a wide brim). Thank you.

For further advice on signs and symptoms of heat exhaustion/heatstroke, please see the NHS website at: <https://www.nhs.uk/conditions/heat-exhaustion-heatstroke>

Thank you for your continued support.

Yours sincerely

Hannah Stephenson  
Head Teacher