



www.swanlandschool.co.uk

27<sup>th</sup> April 2023

Dear Parent/Carer

**Year 6 – Growing Up Talk – Tuesday 16<sup>th</sup> May 2023**

The School Nurse will be coming into school to deliver a puberty talk presentation, following RSHE guidelines, to all the children in Year 6; this will take place on Tuesday 16<sup>th</sup> May. The content covered will ensure full coverage of this curriculum area.

There will also be an interactive session for both girls and boys allowing for the children to have a look at period pads and tampons followed by a quiz.

The links to the videos for the Year 6 Growing Up talk can be accessed below, so parents and carers are able to view them prior to the session:

- [HSE Busy Bodies – Puberty – YouTube](#) Intro to Bodies
- [Body changes for boys and people with a penis – YouTube](#) Boys' Video
- [Body changes for girls and people with a vagina – YouTube](#) Girls' Video
- [https://youtu.be/vXrQ\\_FhZmos](https://youtu.be/vXrQ_FhZmos) Menstruation
- [https://youtu.be/uotzoDDRW\\_s](https://youtu.be/uotzoDDRW_s) Wet Dream
- [https://youtu.be/8ktKO\\_aVmPw](https://youtu.be/8ktKO_aVmPw) Busy Bodies – How Babies Are Made
- <https://youtu.be/OejdOS4lqeE> Pregnancy and Reproduction
- <https://youtu.be/PzGauky20tc> Gender Explained

Any questions please do contact your class teacher.

Thank you for your continued support.

Yours sincerely

Hannah Stephenson  
Head Teacher

On behalf of the Year 6 Team