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25<sup>th</sup> January 2024

Dear Parent/Carer

**Year 6 – Growing Up Talk – Thursday 1<sup>st</sup> February 2024**

The School Nurse will be coming into school to deliver a puberty talk presentation, following RSHE guidelines, to all the children in Year 6; this will take place on Thursday 1<sup>st</sup> February. The content covered will ensure full coverage of this curriculum area.

There will also be an interactive session for both girls and boys allowing for the children to have a look at period pads and tampons followed by a quiz.

The document ‘Puberty Growing Up’ will be sent alongside this letter, so parents and carers are able to view it prior to the session. Please note, on the day, the Nurse may cover all or some of the slides.

Any questions please do contact your class teacher.

Thank you for your continued support.

Yours sincerely

Hannah Stephenson  
Head Teacher

On behalf of the Year 6 Team