



Funded by
UK Government



Hull Training and Adult Education

MENTAL HEALTH

Understanding Mental Health

Tuesday 9 April 2024

12.30-3pm (6 weeks)

Confidence and Motivation

Wednesday 17 April 2024

12.30-3pm (6 weeks)

Understanding Mental Health

Tuesday 11 June 2024

12.30-3pm (6 weeks)

Call us on 01482 615 349 to book your place

The Avenues Adult Education Centre

Park Avenue

Hull

HU5 4DA

www.hcctraining.ac.uk



SCAN
ME!