

# Free Parenting Clinics

with

Anisa Lewis

Positive Parenting

[www.anisalewis.com](http://www.anisalewis.com)



June

6th @ 12.30 pm

Emotions

What is going on with your child's emotions?  
One minute they are happy the next they are talking back or  
having a tantrum!

Are you wondering why your child's emotional outbursts come  
just as you are trying to get everyone out of the door, at the end  
of the school day or quite frankly you know it is coming you can  
sense it, then BOOM!

Join Anisa (Parenting Coach) on the 6th of June for her monthly  
Free Parenting Clinic, this talk is focused on emotions and  
what we can do to support ourselves and our young people.

Join us on Zoom, for the 30-minute talk.

Book here:

<https://anisalewis.as.me/theclinic>

or

email: [hello@anisalewis.com](mailto:hello@anisalewis.com) for the booking link