

Swanland School Meals Set Menu (inc. Vegetarian Option)

19th February 2024 – 19th July 2024

A copy of these menus can be found on the school website: www.swanlandschool.co.uk

Set Menu 3 - Weeks commencing		20/05/24			
	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Cheesy Beef Pasta Bake	Roast Chicken & Stuffing	BBQ Chicken in a Wrap	Fish Square	School closed
Vegetarian	Tomato Pasta Bake	Quorn Fillet	Quorn Nuggets	Vegetable Burger	School Closed
Carbohydrates	Crusty Roll	Mashed Potatoes	Rice	Chips	School Closed
Vegetables/ Salad	Sweetcorn/ Garden Peas	Carrots/ Broccoli	Sweetcorn/ Green Beans	Baked Beans/ Garden Peas	School Closed
Desserts	Chocolate Sponge	Apple Flapjack & Cream	Iced Cornflake Special & Custard	Arctic Roll & Strawberry Milkshake	School Closed

Salad Bar and Jacket Potatoes

- As an alternative to the main hot meal, there is a Jacket Potato option every day with a choice of filling of either Cheese, Beans or Tuna. Alongside the Jacket Potato fillings there is an option of choosing the Veg of the Day with this meal.
- There is also an option for a Salad Bar which typically includes ham, turkey, cheese, egg, tuna, lettuce, tomato, cucumber, sweetcorn, pineapple, pepper, apple, sultanas.
- Fresh Fruit Salad or a Yoghurt is also available as an alternative to the Dessert menu.
- Children are offered a drink of either fruit juice or milk with their meal.
- Please be aware that these dishes may contain traces of nut or nut derivatives.

IT MAY BE NECESSARY TO CHANGE THE MENU WITHOUT PRIOR NOTICE.