

# Swanland School Meals Set Menu (inc. Vegetarian Option)

## 4<sup>th</sup> November 2024 – 14<sup>th</sup> February 2025

A copy of these menus can be found on the school website: [www.swanlandschool.co.uk](http://www.swanlandschool.co.uk)

Set Menu 3 - Weeks commencing <b>09/12/24</b>					
	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main Course</b>	Margherita Pizza	Pork Sausage & Gravy	Chicken Korma & Naan	Fish Fillet	Roast Chicken, Pig in Blanket and Stuffing
<b>Vegetarian</b>	Margherita Pizza	Quorn Sausage	Quorn Korma	Crispy Rainbow Fingers	Quorn Fillet/Quorn Sausage
<b>Carbohydrates</b>	Wedges	Mashed Potatoes	Rice	Chips	Roast Potatoes
<b>Vegetables/ Salad</b>	Sweetcorn/ Garden Peas	Carrots/ Cauliflower	Sweetcorn/ Green Beans	Baked Beans/ Garden Peas	Carrots/Garden Peas and Gravy
<b>Desserts</b>	Madeline Sponge	Ice-cream Roll	Chocolate Crunch & Mandarins	Chocolate Cookie	Christmas Biscuit

### Salad Bar and Jacket Potatoes

- As an alternative to the main hot meal, there is a Jacket Potato option every day with a choice of filling of either Cheese, Beans or Tuna. Alongside the Jacket Potato fillings there is an option of choosing the Veg of the Day with this meal.
- There is also an option for a Salad Bar which typically includes ham, turkey, cheese, egg, tuna, lettuce, tomato, cucumber, sweetcorn, pineapple, pepper, apple, sultanas.
- Fresh Fruit Salad or a Yoghurt is also available as an alternative to the Dessert menu.
- Children are offered a drink of either fruit juice or milk with their meal.
- Please be aware that these dishes may contain traces of nut or nut derivatives.

**IT MAY BE NECESSARY TO CHANGE THE MENU WITHOUT PRIOR NOTICE.**

Please note that there will be no Salad Bar on Monday 9<sup>th</sup> December.

Please note that there will be no Salad Bar or Jacket Potato option on Christmas Lunch Day.