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30th January 2025

Dear Parent/Carer

Wear your SCARF Day – Friday 7th February 2025



The School Council have been planning some activities for the school to take part in during Children's Mental Health Week 2025 (3rd – 9th February 2025).



Wear Your

As we will be celebrating **Wear Your SCARF Day**, one of our activities will be to come to school on Friday 7th February, wearing a scarf and throughout the week, we will be looking at:



S-SAFETY **C-CARING** **A-ACHIEVEMENT** **R-RESILIENCE** **F-FRIENDSHIP**

This year, Children's Mental Health Week will be exploring the theme:

Know Yourself, Grow Yourself

so, we will be looking at characters from the movie 'Inside Out 2' and thinking about new emotions including recognising feelings, understanding them and learning how to cope.

Thank you for your support!

Jules, Chloe, Albie and Rupert

The School Council Team

