

# Swanland School Meals Set Menu (inc. Vegetarian Option)

## 21<sup>st</sup> April 2025 – 24<sup>th</sup> October 2025

A copy of these menus can be found on the school website: [www.swanlandschool.co.uk](http://www.swanlandschool.co.uk)

Set Menu 1 - Weeks commencing 21/04/25, 12/05/25, 09/06/25, 30/06/25, 21/07/25, 15/09/25, 06/10/25					
	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Pizza	Roast Chicken & Stuffing	Beef Bolognaise	Gammon	Fish Fingers
Vegetarian	Pizza	Quorn Fillet	Quorn Bolognaise	Quorn Sausage	Ocean Friendly Fingers
Carbohydrates	Wedges	New Potatoes	Pasta & Bread Roll	Roast Potatoes	Chips
Vegetables/ Salad	Sweetcorn/ Garden Peas	Carrots/ Broccoli	Sweetcorn/ Mixed Veg	Carrots/ Cauliflower	Baked Beans/ Garden Peas
Desserts	Chocolate Crunch & Custard	Apple Crumble & Cream	Chocolate Crackle & Mandarins	Ice Cream Roll & Peaches	Melting Moment Biscuit

Set Menu 2 - Weeks commencing 28/04/25, 19/05/25, 16/06/25, 07/07/25, 01/09/25, 22/09/25, 13/10/25					
	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Ham, Tomato Mascarpone Pasta	Roast Chicken & Stuffing	BBQ Chicken	Pork Sausage	Oven Baked Fish Star
Vegetarian	Cheese & Tomato Pasta	Quorn Fillet	Quorn Dippers	Quorn Sausage	Crispy Rainbow Dippers
Carbohydrates	Bread Roll	New Potatoes	Rice	Mashed Potatoes	Chips
Vegetables/ Salad	Sweetcorn/ Garden Peas	Broccoli/ Carrots	Sweetcorn/ Mixed Veg	Carrots/ Cauliflower	Baked Beans/ Garden Peas
Desserts	Coconut Shortcake & Cream	Chocolate Brownie	Vanilla Cheesecake & Mandarins	Frozen Smoothie	Summer Cupcake

Set Menu 3 - Weeks commencing 05/05/25, 02/06/25, 23/06/25, 14/07/25, 08/09/25, 29/09/25, 20/10/25					
	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Italian Style Chicken	Roast Chicken & Stuffing	Pork Meatballs & Tomato Sauce with Wrap	Roast Beef & Yorkshire Pudding	Fish Square
Vegetarian	Quorn Dippers	Quorn Fillet	Quorn Meat Free Balls	Quorn Sausage	Crispy Rainbow Fingers
Carbohydrates	Pasta	Mashed Potatoes	Rice	New Potatoes	Chips
Vegetables/ Salad	Sweetcorn/ Garden Peas	Carrots/ Broccoli	Sweetcorn/ Green Beans	Carrots/ Cauliflower	Baked Beans/ Garden Peas
Desserts	Wellington Fudge & Cream	Orange Sponge	Strawberry Mousse	Jelly & Mixed Fruit	Banana Muffin

### Salad Bar and Jacket Potatoes

- As an alternative to the main hot meal, there is a Jacket Potato option every day with a choice of filling of either Cheese, Beans or Tuna. Alongside the Jacket Potato fillings there is an option of choosing the Veg of the Day with this meal.
- There is also an option for a Salad Bar which typically includes ham, turkey, cheese, egg, tuna, lettuce, tomato, cucumber, sweetcorn, pineapple, pepper, apple, sultanas.
- Fresh Fruit Salad or a Yoghurt is also available as an alternative to the Dessert menu.
- Children are offered a drink of either fruit juice or milk with their meal.
- Please be aware that these dishes may contain traces of nut or nut derivatives.

**IT MAY BE NECESSARY TO CHANGE THE MENU WITHOUT PRIOR NOTICE.**